

006 point to bathe in it and to refresh themselves. [146]

273 In addition to water which is the customary drink of all the tribes, we found the following beverages according to region: palm wine, malafu; sugarcane beer, masanga; and pombe, maize beer.



Fig. 84. Calabash for Palm Oil, also for Water.

Palm wine, the native malafu, although liked, is usually not very much in demand, especially when the native can replace it with masanga, sugar-cane beer. We found it among all the peoples, however, although actually only the Ipanga-Yaelima and the Basongo Meno-Bankutu drink it regularly.

[439] In the other regions palm wine is made particularly in the villages near government posts or commercial establishments for the benefit of the Whites. These villages usually have a professional vintager.

The vintage comes from tapping the trees. The mese palm, raffia, and the oil palm are chiefly used.

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481 The native has three methods of climbing the trees for the vintage. The first is the one we described for gathering clusters